

Variante I.							
Data	gg.	Tappa	Distanza	Salita	Discesa	Asfalto	
20	DI	1	Collalbo – Bolzano / Klobenstein – Bozen	16,0 km	350 m	1.280 m	42%
21	MI	2	Bolzano – Termeno / Bozen – Tramin	26,1 km	650 m	590 m	52%
22	DO	3	Termeno– Salorno / Tramin – Salurn	18,0 km	320 m	450 m	92%
23	FR	4	Salorno – Trento	31,0 km	600 m	620 m	86%
24	SA	5	Trento – Levico Terme	22,0 km	820 m	520 m	70%
25	SO	6	Levico Terme– Borgo Valsugana	16,0 km	30 m	150 m	98%
26	MO	7	Borgo Valsugana – Cismon del Grappa (Primolano?)	28,0 km	150 m	300 m	97%
27	DI	8	Cismon del Grappa (Primolano?) – Bassano del Grappa	30,0 km	80 m	200 m	59%
28	MI	9	Bassano del Grappa – Piazzola	32,0 km	40 m	150 m	27%
1	DO	10	Piazzola Sul Brenta – Padova	26,0 km	30 m	40 m	58%
2	FR	11	Padova – Monselice	22,0 km	10 m	10 m	63%
3	SA	12	Monselice – Rovigo	32,0 km	30 m	40 m	62%
4	SO	13	Rovigo – Polesella	20,2 km	20 m	20 m	97%
5	MO	14	Polesella – Ferrara	22,5 km	10 m	10 m	99%
6	DI	15	Ferrara – Traghetti	30,0 km	40 m	40 m	70%
7	MI	16	Traghetti– Argenta	17,0 km	30 m	30 m	50%
8	DO	17	Argenta – Valli di Comacchio	24,0 km	40 m	40 m	33%
9	FR	18	Valli di Comacchio – Casalborsetti	26,0 km	20 m	20 m	33%
10	SA	19	Casalborsetti – Ravenna	18,0 km	20 m	30 m	34%
11	SO	20	Ravenna – Forlì	30,0 km	50 m	20 m	92%
12	MO	21	Forlì – Cusercoli	32,0 km	360 m	270 m	48%
13	DI	22	Cusercoli – Santa Sofia	26,0 km	680 m	550 m	55%
14	MI	23	Santa Sofia– Bagno di Romagna	25,0 km	920 m	640 m	50%
15	DO	24	Bagno di Romagna – Valle Santa (Santicchio) - LA VERNA	18,0 km	1.220 m	940 m	12%
16	FR	25	77 – (ITA 29) – Valle Santa – Chitignano	19,0 km	810 m	990 m	15%
17	SA	26	78 – (ITA 30) – Chitignano – Subbiano	19,0 km	460 m	770 m	35%
18	SO	27	79 – (ITA 31) – Subbiano – Arezzo	20,0 km	180 m	170 m	40%
19	MO	28	80 – (ITA 32) – Arezzo – Castiglion Fiorentino	24,0 km	640 m	580 m	32%
20	DI	29	81 – (ITA 33) – Castiglion Fiorentino – Cortona	18,0 km	400 m	240 m	50%
21	MI	30	82 – (ITA 34) – Cortona – Pozzuolo Castiglione del Lago	24,0 km	220 m	360 m	57%
22	DO	31	83 – (ITA 35) – Pozzuolo – Paciano	21,0 km	350 m	300 m	66%
23	FR	32	84 – (ITA 36) – Paciano – Citta' della Pieve	17,0 km	470 m	370 m	40%
24	SA	33	85 – (ITA 37) – Citta' della Pieve – Ficulle	22,0 km	320 m	400 m	45%
25	SO	34	86 – (ITA 38) – Ficulle – Orvieto	24,0 km	530 m	630 m	50%
26	MO	35	87 – (ITA 39) – Orvieto – Lubriano/Civita di Bagnoregio	15,0 km	630 m	530 m	71%
27	DI	36	88 – (ITA 40) – Lubriano/Civita di Bagnoregio – Montefiascone	20,0 km	430 m	230 m	81%
28	MI	37	89 – (ITA41) – Montefiascone – Viterbo	18,0 km	150 m	460 m	30%
29	DO	38	90 – (ITA42) – Viterbo – Vetralla	18,0 km	270 m	300 m	50%
30	FR	39	91 – (ITA43) – Vetralla – Sutri	23,0 km	410 m	400 m	28%
31	SA	40	92 – (ITA44) – Sutri – Campagnano di Roma	27,0 km	340 m	380 m	40%
1	SO	41	93 – (ITA45) – Campagnano di Roma – La Storta	25,0 km	580 m	690 m	57%
2	MO	42	94 – (ITA46) – La Storta – Roma	17,0 km	310 m	450 m	65%
3	DI	43					
4	MI	44					
5	DO	45					
6	FR	46					
7	SA	47					
8	SO	48					
9	MO	49					
10	DI	50	TOTALE	958,8 km	13.100 m	14.760 m	56%
11	MI	51	MEDIA	22,8 km	328 m	360 m	56%
12	DO	52					
13	FR	53					
14	SA	54					
15	SO	55					
16	MO	56					
17	DI	57					
18	MI	58					
19	DO	59					
20	FR	60					

Variante II.					
	Tappa	Distanza	Salita	Discesa	Asfalto
	53 – (ITA 5) – Collalbo – Bolzano / Klobenstein – Bozen	16,0 km	350 m	1.280 m	42%
	54 – (ITA 6) – Bolzano – Termeno / Bozen – Tramin	26,1 km	650 m	590 m	52%
	55 – (ITA 7) – Termeno– Salorno / Tramin – Salurn	18,0 km	320 m	450 m	92%
	56 – (ITA 8) – Salorno – Trento	31,0 km	600 m	620 m	86%
	57 – (ITA 9) – Trento – Levico Terme	22,0 km	820 m	520 m	70%
	58 – (ITA 10) – Levico Terme– Borgo Valsugana	16,0 km	30 m	150 m	98%
	59 – (ITA 11) – Borgo Valsugana – Cismon del Grappa (Primolano?)	28,0 km	150 m	300 m	97%
	60 – (ITA 12) – Cismon del Grappa (Primolano?) – Bassano del Grappa	30,0 km	80 m	200 m	59%
	61 – (ITA 13) – Bassano del Grappa – Piazzola	32,0 km	40 m	150 m	27%
	62 – (ITA 14) – Piazzola Sul Brenta – Padova	26,0 km	30 m	40 m	58%
	63 – (ITA 15) – Padova – Monselice	22,0 km	10 m	10 m	63%
	64 – (ITA 16) – Monselice – Rovigo	32,0 km	30 m	40 m	62%
	65 – (ITA 17) – Rovigo – Polesella	20,2 km	20 m	20 m	97%
	66 – (ITA 18) – Polesella – Ferrara	22,5 km	10 m	10 m	99%
	67 – (ITA 19) – Ferrara – Traghetti	30,0 km	40 m	40 m	70%
	68 – (ITA 20) – Traghetti– Argenta	17,0 km	30 m	30 m	50%
	69 – (ITA 21) – Argenta – Valli di Comacchio	24,0 km	40 m	40 m	33%
	70 – (ITA 22) – Valli di Comacchio – Casalborsetti	26,0 km	20 m	20 m	33%
	71 – (ITA 23) – Casalborsetti – Ravenna	18,0 km	20 m	30 m	34%
	72 – (ITA 24) – Ravenna – Forlì	30,0 km	50 m	20 m	92%
	73 – (ITA 25) – Forlì – Cusercoli	32,0 km	360 m	270 m	48%
	74 – (ITA 26) – Cusercoli – Santa Sofia	26,0 km	680 m	550 m	55%
	75 – (ITA 27) – Santa Sofia– Bagno di Romagna	25,0 km	920 m	640 m	50%
	76 – (ITA 28) – Bagno di Romagna – Valle Santa (Santicchio)	18,0 km	1.220 m	940 m	12%
	La Verna - Pieve St. Stefano	20,0 km	315 m	1.008 m	
	Pieve St. Stefano - Sansepolcro	25,0 km	460 m	598 m	
	Sansepolcro - Lama	20,0 km	738 m	756 m	
	Lama - Bocca Seriola	18,0 km	646 m	232 m	
	Bocca Seriola - Pietralunga	16,0 km	400 m	471 m	
	Pietralunga - Gubbio	29,0 km	611 m	771 m	
	Gubbio - Valdichiascio	12,0 km	283 m	107 m	
	Valdichiascio - Valfabbrica	27,0 km	583 m	919 m	
	Valfabbrica - Assisi	15,0 km	502 m	435 m	
	Assisi - Spello	20,0 km	934 m	1.048 m	
	Spello - Montefalco	21,0 km	329 m	82 m	
	Montefalco - Spoleto	23,0 km	154 m	262 m	
	Spoleto - Patrico	11,0 km	736 m	40 m	
	Patrico - Ferentillo	17,0 km	225 m	994 m	
	Ferentillo - Don Bosco	16,0 km	990 m	141 m	
	Don Bosco - Poggio Bustone	23,0 km	467 m	941 m	
	Poggio Bustone - Rieti	19,0 km	481 m	655 m	
	Rieti - Greccio	22,0 km	659 m	393 m	
	Greccio - Stroncone	15,0 km	348 m	633 m	
	Stroncone - Calvi dell'Umbria	22,0 km	905 m	850 m	
	Calvi dell'Umbria - Selci	16,0 km	229 m	500 m	
	Selci - Farfa (Fara in Sabina)	27,0 km	731 m	500 m	
	Farfa (Fara in Sabina) - Montelibretti	17,0 km	482 m	453 m	
	Montelibretti - Monterotondo	17,0 km	262 m	326 m	
	Monterotondo - Rom	18,0 km	215 m	289 m	
	TOTALE	1.073,8 km	18.285 m	19.914 m	
	MEDIA	21,9 km	389 m	415 m	